

# Recipe for

## DIY CAST IRON SKILLET SEASONING

### INGREDIENTS

3 tablespoons food-grade  
beeswax pellets

3 tablespoons flaxseed oil

3 tablespoons coconut oil

### DIRECTIONS

Melt all ingredients in a double boiler.

Stir until completely melted.

While still hot, pour mixture into a container.

NOTE: Be sure to wipe out double boiler quickly once done. You do not want the wax remnants to set up in the double boiler.